



## Parents Unstructured Play Guide

\$ YLGHR UHFRUGLQJ LV DYDLODEOH RW R HWH XISQXGQ\RVX URXIF W KH HIGH \$  
\RXU FKLOGUHQ DW KRPH GXULQOLWKLWRVUHFWXDO VWFK RYR G HRLPH

### Effective Recess Rules:

- x ,QVLGH LI RYHU f ) <sup>3</sup>KHDW LQGH[KLRUOORVZHPUSHWKDWXUHV 3Z
- x \$OORZ FKLOGUHQ WR VHOI GLUHFV SOD\
- x /HW FKLOGUHQ FKRRVH

### Effective Play Items Outdoors

- x 0XVLF WR GDQFH WR
- x 3RWV DQG SDQV XWHQVLOV VPDOO KLEDFKL W\SH JULOO
- x 2GGV HQGV WRROV QXWV EROWV WRDOO ZRRG ERDUGV
- x 3ODVWLF FRQQHFWLQJ SLSHV SLHFHV
- x 3XSSHWV VRFN SXSSHWV DUH D JUHDW RSWLRQ
- x \$UW LWHPV FRORULQJ ZLWK FUD\RQV DQG SDSHU LV ILQH
- x &ORWKLQJ KDWV VKRHV HWF 0x %XEEOHTE'1DÀ€ -XPS UP
- x 6DQGER[ VDQG VKRYHOV VFRRSV
- x 0HVK )ULVEHHV
- x 3DGGOH EDOO
- x &UDZO WKURXJK WXQQHOV
- x %XFNHWV

### Effective Play Items Indoors

- x 0DQ\ RI WKH LWHPV DERYH
- x 3OD\GRXJK
- x /HJRV LQGRRUV
- x %XLOGLQJ EORFNV

### Please refrain from the following:

- x )RUPDO UXOHV RU VWUXFWXUHG JDPH R V XFFKJ G VJ B R D V G JDP
- x %DOOV WKLV DOVR LQWURGXFHV VWUXFWXUH
- x 7HFKQRORJ\ RI DQ\ NLQG
- x %RRNV WR UH DG